

**AMENDMENTS TO THE CLAIMS**

**This listing of claims will replace all prior versions and listings of claims in the application:**

**LISTING OF CLAIMS:**

1. (previously presented): A composition for a sustained treatment of muscular fatigue, which consists of leucine, isoleucine, valine, glutamine and a whey protein component.
  
2. (canceled).
  
3. (previously presented): The composition according to claim 1, wherein the whey protein component is whey protein and/or a decomposition product of whey protein.
  
4. (previously presented): The composition according to claim 3, wherein the whey protein is at least one selected from the group consisting of a whey protein isolate, a whey protein concentrate,  $\beta$ -lactoglobulin, and  $\alpha$ -lactalbumin.
  
5. (previously presented): The composition according to claim 1, which comprises leucine in an amount of 10 to 30 parts by weight, isoleucine in an amount of 5 to 15 parts by weight, valine in an amount of 5 to 15 parts by weight, glutamine in an amount of 5 to 15 parts by weight, and the whey protein component in an amount of 75 to 25 parts by weight.

6. (previously presented): The composition according to claim 1, which comprises leucine in an amount of 20 parts by weight, isoleucine in an amount of 10 parts by weight, valine in an amount of 10 parts by weight, glutamine in an amount of 10 parts by weight, and the whey protein component in an amount of 50 parts by weight.

7. (previously presented): The composition according to claim 6, wherein the whey protein component is a decomposition product of whey protein.

8-15. (canceled)

16. (previously presented): A method of sustainably treating muscular fatigue, which comprises administering a composition consisting of leucine, isoleucine, valine, glutamine and a whey protein component to a subject in need of sustained treatment of muscular fatigue.

17. (canceled).

18. (currently amended): The method according to claim 16 or 17, wherein the whey protein component is whey protein and/or a decomposition product of whey protein.

19. (previously presented): The method according to claim 18, wherein the whey protein is at least one selected from the group consisting of a whey protein isolate, a whey protein concentrate,  $\beta$ -lactoglobulin, and  $\alpha$ -lactalbumin.

20. (currently amended): The method according to claim 16-~~or~~17, which comprises leucine in an amount of 10 to 30 parts by weight, isoleucine in an amount of 5 to 15 parts by weight, valine in an amount of 5 to 15 parts by weight, glutamine in an amount of 5 to 15 parts by weight, and the whey protein component in an amount of 75 to 25 parts by weight.

21. (currently amended): The method according to claim 16-~~or~~17, which comprises leucine in an amount of 20 parts by weight, isoleucine in an amount of 10 parts by weight, valine in an amount of 10 parts by weight, glutamine in an amount of 10 parts by weight, and the whey protein component in an amount of 50 parts by weight.

22. (previously presented): The method according to claim 21, wherein the whey protein component is a decomposition product of whey protein.

23. (canceled).